



# ATRC: OF THE MONTH

The monthly newsletter for our families, followers, and supporters of the Albany Therapeutic Riding Center.



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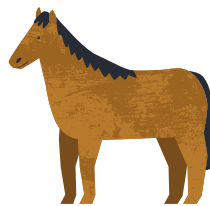


## SIP AND SIGN

Thank you so much for everyone who came out to support our second Sip and Sign at Indian Ladder Farms! We had so much (socially distanced) fun and everyone's sign looks amazing! The night was filled with delicious cider, fun crafts, and amazing company! Thank you to Indian Ladder Farms for hosting us, Sip Signing Away for leading the event and providing the crafts, and all of our raffle donors! We could not have held this event without the support of everyone involved.



# VOLUNTEER OF THE MONTH: TAYLOR MATTHEWS



According to the staff at ATRC, Taylor is "always super enthusiastic and great to have around! She is always happy to help out with whatever task she is given!" To get to know Taylor a little better, we asked her a few questions:

**What is your favorite part about volunteering with ATRC?**

My favorite part of volunteering at ATRC must be all the people I've met. Everyone is so friendly and genuinely kind. I also love working with children. There's no better feeling than seeing the excitement of a child doing their first trot! The way the animals interact with them is something of magic. Seeing a happy parent makes me feel like I'm making a difference, even if it's in the slightest way.

**When you're not at ATRC, what do you like to do?**

When I'm not at ATRC, I love taking lessons at my barn. I'm also a huge Adirondack girl. If I'm not at either of those places, you'll probably find me doing house projects, yoga or playing with my dog Nigel.

**If you won a million dollars, what would you do with it?**

If I won a million dollars, I would absolutely build my dream barn. It would be a home to all horses. It would be a sanctuary for rescues and retirees. It would also be a place for all riders to feel welcome and inspired about learning. Waking up to horses in a field and a coffee in my hand sounds wonderful to me.

**If you could meet your hero, who would it be and why?**

I truly believe I'm meeting hero's all the time. The true hero's are the selfless givers. The people who want the best for others and are willing to make that happen. I feel surrounded by them, especially at ATRC.

**Why do you volunteer with ATRC?**

I volunteer at ATRC because I really wanted to give back. When the pandemic hit, I found myself without both of my jobs. In a scary time, ATRC has given me a place to feel welcomed and appreciated. I wanted to do something that spoke to my soul, helping others and horses go hand in hand for me. There's no greater feeling than giving back. When you cultivate that feeling, you realize what life is all about.

## Welcome, Michelle!

This month, we welcomed Michelle into our ATRC family! She started at the beginning of the month as our Stable Hand! She recently graduated from SUNY Cobleskill in May 2020 with a Bachelors of Science in Animal Science. During this time she was also able to minor in Exercise Science. She enjoys riding both English and Western but especially enjoys trail riding and has competed in hunter paces. When she is not around the barn she enjoys playing soccer, running, and hiking. She is very excited to be a part of the team at ATRC.



# Fall Clothing Fundriser

With the weather cooling down and the arrival of fall, we are beginning our fall clothing fundraiser! Stay warm this fall and winter while supporting and representing ATRC!

Contact Allie at [fundraising@albanytherapeuticridingcenter.com](mailto:fundraising@albanytherapeuticridingcenter.com) for more info!

Any cotton t-shirt (pc611, pc615, J, J) add \$5 for name on opposite chest

PC618: Fleece & Company® - Long Sleeve Essential Top

PC615: Fleece & Company® - Long Sleeve Essential Top

Face Masks, \$12 each with logo

1/4-Zip Sweatshirt

All Extended Sizes, (2XL, 3XL) \$2.00

\$50 with logo and name

PC90H: Fleece & Company® - Essential Fleece Pullover Hooded Sweatshirt

\$45 with logo on left chest and name on right chest

\$35 with logo

add \$5 for name on opposite chest for these shirts

OGIO® ENDURANCE Lad Long Sleeve Pulse Crew

Sport-Tek® Ladies Sport-Wick® Stretch 1/2-Zip Pullover

\$50 with logo

AD969: Adams Optimum Performance Dyeed-Cap

Any hat or beanie \$30 with logo

L709: Fleece & Company® Ladies Pullover

\$50 with logo on left chest and name on right chest

\$50 with logo and name







## Meet the Board: Allie Gleaton

Allie recently graduated from the University at Albany with a degree in Psychology and Child Development. She started volunteering with ATRC in the Spring of 2019 and joined the Board that summer. You may also see Allie around the barn as an Instructor in Training Intern as she works towards her PATH Certification.

