



ATRC: OF THE MONTH

The monthly newsletter for our families, followers, and supporters of the Albany Therapeutic Riding Center.



HAPPY FALL Y'ALL!

THIS OCTOBER AT THE FARM:



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Fall is in full swing here at the farm! Staff, volunteers, and riders all love looking at Thatcher Park's beautiful fall colors visible from our riding arena.

As we continue into the season, we are looking ahead to adjust to the colder temperatures and the sun setting earlier. Miss Taylor has sent out a survey to all of our riders and their families in order to help us plan for upcoming winter. If you haven't already, please fill the survey out at your earliest possible convenience.

We have just wrapped up our Fall Clothing Fundraiser! We have placed an order for all of the items and hope to be able to distribute them in the upcoming weeks!



VOLUNTEER OF THE MONTH: CARLA MORALES



According to the staff at ATRC, Carla is "incredibly dedicated and always willing to help out. We love having her at the farm!" To get to know Carla a little better, we asked her a few questions:

What is your favorite part about volunteering with ATRC?

My favorite part of volunteering at the ATRC is being able to meet so many different people, all at different levels of experience in horseback riding. Being able to see how happy they are when they master something new is incredible and seeing the smiles on their faces when they get off of the horses is a great start to my mornings

When you're not at the ATRC, what do you like to do?

I'm in college and I work full time, so if I'm not volunteering or doing any of the other things you can usually find me catching up on my favorite tv shows or going outside and relaxing!

If you won a million dollars, what would you do with it?

If I won a million dollars I would try my best to donate it to various nonprofits, specifically ones that help people with mental illnesses. I would donate a huge chunk to the ATRC so I can keep doing what I love. I would try and put the rest of it in savings which will go towards helping my sister with college and traveling when I'm finished with school.

If you could meet your hero, who would it be and why?

I've already met my heroes, they're my parents! My parents and I are first generation immigrants from a small country in South America called Uruguay. They left everything behind so that they could give me and my sister a better life in the United States. They've sacrificed so much for me to be here and I'm endlessly thankful for that.

Why do you volunteer with ATRC?

I volunteer at the ATRC because I want to go into Occupational Therapy and I thought it would be a great fit for volunteer experience. I love animals and being able to volunteer with horses is probably the best thing ever. I never thought that I would enjoy volunteering at the ATRC as much as I do, but here I am!

Upcoming Fun!

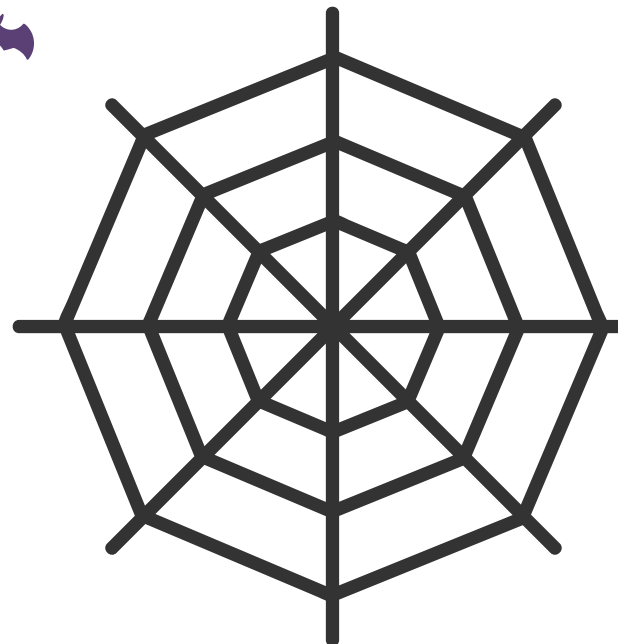
ATRC is having a holiday party! We are excited to announce we will be holding an event the end of November or early December to thank all of our riders and their families for another wonderful year. However, it might be a little too cold to host a rodeo hoedown at the farm and we haven't had luck securing a space just yet! If you know of a space we could use please email us at fundraisingatrc@gmail.com We could really use your help making this party happen!



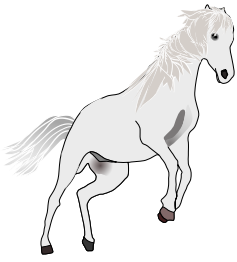
Looking to get more involved?

As we head into the winter, ATRC is looking for volunteers to help out with PM feedings and cleanings. Feeding training is separate from our volunteer training and we would love to set one up if you are interested in taking this on!

If you would like to help out please email Lauren at volunteer4atrc@gmail.com



PONY UPDATE



HERD MIXING



We're making new friends! We have begun to mix our herds. The girls have been spending time together in Montana and Elsa's pen while the boys have been hanging out in our back pen.



Elsa and Jane



Elsa is now jumping! After spending all summer getting in shape, Elsa is now able to pop over small jumps.

A couple of our riders have jumped with her in lessons and couldn't be more excited about it!

Jane is getting into shape! We estimate that she has lost 150-200lbs. This weight loss means she can canter now!

We're very excited to follow her on her weight loss journey!





Happy Halloween

**TRICK
OR
TREAT**

Happy Halloween from all of us here at the farm! We hope that those going trick or treating have lots of fun and can't wait to hear about everyone's costumes and candy hauls!



Photo Fun

Adelia going for a fall ride with Elsa



Hailey working on posting with Montana

Jenna and Elsa demonstrating their groundwork

