

ATRC: OF THE MONTH

The monthly newsletter for our families, followers, and supporters of the Albany Therapeutic Riding Center.



THIS JUNE AT THE FARM:

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WELCOME BACK!

Lessons have started up again here at ATRC and we could not be happier to be welcoming everyone back! We are starting lessons again in phases and began Session 3 of the year and Phase Two of reopening on Saturday, June 8th. Adhering to social distancing guidelines stated by the governor, as well as recommendations from the Professional Association of Therapeutic Horsemanship International, we will be allowing two weeks in between each reopening stage. Please make sure you have completed all necessary forms and returned them to Miss Taylor or Miss Lauren prior to your first lesson back. We are super excited to start up lessons again and looking forward to a fun summer!

VOLUNTEER OF THE MONTH: BARBARA BRYCE





Barbara joined our ATRC family the same time Miss Lauren did. She has donated countless hours to our organization whether that is through helping with barn work, helping to organize our volunteer stand and office, or creating and donating items. We would not be where we are today without her dedication.

When asked about her involvement in ATRC, she had this to say:

As Lauren's mom, I have always tried to be supportive of her interests. Since I knew nothing about horses, when Lauren's educational focus shifted toward a career in Therapeutic Horsemanship, I decided to volunteer at Topfield Equestrian Center, where she worked as a barn assistant after completing her first internship. I went to work with her on Sundays and helped her feed, turnout the horses, and clean stalls. My goal was two-fold; to learn some basic horse care skills, and to spend time with her, bonding over her love of horses. Lauren's ultimate goal is to one day have her own farm and start her own business. By volunteering, I have learned some skills to be able to help her achieve that goal.

When Lauren started her internship and subsequent employment at ATRC last year, it was just a natural progression for me to follow her here. I saw a small group of dedicated young women, working very hard on a limited budget, at a not so glamorous job. I guess I consider myself a problem solver, a fixer of sorts. When I see a problem or need, I think, how can I fix that? When I saw the staff sitting on the ground to take a break or eat their lunch, I wanted to fix that. So, that is how my involvement began, as a series of small little fixes to make things just a little bit better for them.

I am grateful for my close relationship with Lauren. I feel very fortunate that I have had the opportunity to get to know her friends and coworkers, and that they are now comfortable enough with me to ask for my help when they need something

Keminders

We are halfway through Session 3! Be on the lookout for an email regarding Session 4 registration!

Miss Lauren is now holding one-on-one trainings for

volunteers. If you are interested in volunteering please email Miss Lauren at volunteer@albanytherapeuticr idingcenter.com

Meet the Board: Katlyn Curtin

Katie grew up on her family's dairy farm in Cassville, NY which afforded her the opportunity to fill her childhood years with horses. After graduating with high honors from high school, Katie went on to Wells College to pursue a dual degree in Psychology and Business/Health Care Management and then subsequently received her Master of Public Administration from Rockefeller College of Public Affairs and Policy in May of 2018. During her studies at Wells College, Katie was exposed to therapeutic riding while completing an internship and vowed that upon completing her education she would get involved in a similar therapeutic iding center. Once securing a job in the Education Unit at the New York State Division of Budget. Katie

started volunteering with ATRC in the Spring of 2019. She was appointed to the Board in July of 2019 and has recently aken on the role of Board Treasurer. Katie loves being part of the ATRC

community and is so appreciative of the staff, riders, rolunteers, interns, horses, and her fellow Board Members.



Golf Tournament

On July 26th, ATRC will be holding our first annual golf tournament at Normanside Country Club. This event is \$60 per player and includes 9 holes of golf with cart, refreshments, fun on every hole, and inclusion in our raffle. For registration information please contact Allie at fundraising@albanytherapeuticridingcenter.c om

THANK YOU

Thank you so much to everyone who donated to our COVID-19 Herd Relief Fund, we appreciate everyone's generosity immensely! Collectively we raised over \$10,000 to support our herd during this time, we would like to recognize the following people for their wide range of support:

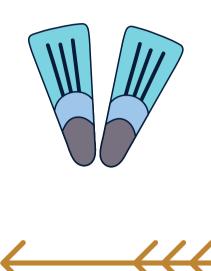
 \$1-\$1000 Bonnie Schwartz Mindy Scott Deanna and Trisha Parsons Sarah Bray Anonymous Kathryn Stoddard Robbin Clark Chris Abatto Nick Lang Cate Degen Jennifer Cehelsky Gali Gleaton Greg Atman Samir El-Sawaf Joshua and Heather Fargo Erni Blondin Lisa Teixeira Kimberly Healy Andrea Kowaleski Lou Marino Galby Marino Ernily Ruffinen Tracy Robbins Dana and McKenna Hendrickson Teresa Burke 	and the second s	 \$101-\$200 Roxanne and Kayla Hanke Profresh Painting Phil and Laura Roberts Audrey Lang The Alloy Family Margaret Roach Terri and Dave Hendrickson Ailis Fitzgerald- Slayton
 \$201-\$500 Christine Adler and Joel Hillhouse Katie Curtin and Nick Simons Joseph Guy 	\$2,000 • Stuart and Ruth Lehman	Additional Thanks! Colette and Jerry Cifor

Meet Our Summer

Interns:







Allie Gleaton

I recently graduated from SUNY Albany with my BA in Psychology and Child Development. I am currently working on my Certified Therapeutic Riding Instructor certification from PATH. When I'm not at the barn I like to run, hike, go to the beach, and read. I'm so excited for this summer and can't wait to see everyone for lessons!



Talia Paradiso

I'm a first year medical student at Albany Medical College. I have been in the area for a while- I also went to Union College in Schenectady, but I'm originally from New Jersey. I like to swim and go to the beach, watch movies, read in the sun, and paint. I took horseback riding lessons myself for a few years, and can't wait to spend time at the barn!



Learn From Home

This week, see if you can match the picture of the horse to the correct color name and description. If you want an extra challenge see if you know what color each ATRC horse is!



Chestnut horses have red coats that can range from light to dark They can also have manes and tails that are lighter than the horses' coat



Palominos have golden coats and creamy white manes and tails. Palominos' base coat can range from a pale yellow to a rich, gold color.

Pinto

Pinto coloring looks as though someone has splashed white paint over an otherwise-colored horse, or colored paint over an otherwise-white horse, leaving large splotches Paint and pinto colors come in a variety of colors and combinations.



Bay is a hair coat color of horses, characterized by a reddish-brown or brown body color with a black point coloration of the mane, tail, ear edges, and lower legs







