



ATRC: OF THE MONTH

The monthly newsletter for our families, followers, and supporters of the Albany Therapeutic Riding Center.



SUMMER SESSION

Session four of lessons has officially begun this month! It is so wonderful to see all of our old friends back and to welcome some new families into our community! We started the session off with a day of unmounted lessons. It's been a very hot summer but we are so excited to see the progress everyone makes throughout the session!



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VOLUNTEER OF THE MONTH: HEIDI ZAHNLEUTER



This month we want to recognize Heidi as our volunteer of the month! From barn work to lessons she is super dependable and always willing to pitch in wherever she is needed! To get to know Heidi a little bit better, we asked her a few questions:



1. What is your favorite part about volunteering at ATRC?

Something about ATRC must attract the nicest people on the planet. Everyone (including the horses) I meet at ATRC has a heart of gold, and I love how grateful, hard-working and welcoming everyone is. I learn so much every time I go to the barn, from watching the benefits of therapeutic riding, to learning how to help a colicing horse. And there's people smiling wherever you look! It's a special place.

2. When you're not at ATRC what do you like to do?

I love to spend time outside running, biking and swimming. If you can't find me in the library working on my math homework, then look on the field hockey field or on near-by running trails! But I also love to take a good book outside and read in a hammock.

3. If you won a million dollars, what would you do with it?

Without a doubt, I'd spend it on horses. On my list would be a farm, huge grass fields, a barn, horses, ponies, mini horses, a therapeutic program...I might need more than a million dollars!

4. If you could meet your hero, who would it be and why?

For purely fun and not educational reasons, I'd want to meet Anne Hathaway or Meryl Streep-I've loved every movie they're in. Plus they both went to Vassar, and that's where I go to school!

5. Why do you volunteer at ATRC?

I love horses, and I love working with kids, so volunteering at the ATRC was a no-brainer! I get to help out a group of hard-working people, put smiles on kids' faces, and spend time with the horses! There's no way I'd rather spend my free time.

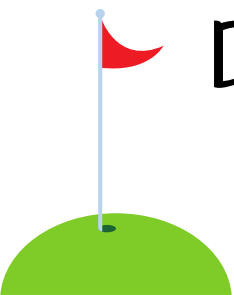


Meet the Board: Mindy Scott!

Mindy Scott joined the Board in 2019 after having volunteered as a barn hand, feeding the herd on p.m. shifts and helping out wherever necessary. Mindy grew up taking horseback riding lessons into college (for PE credit!) and returns to riding whenever she can. She has spent 27 years in NY state government finance, starting at the State Division of Budget, moving to the Department of Agriculture and Markets and finally to the Office of Parks, Recreation and Historic Preservation where she directed the Grant Bureau. In 2012, she was promoted to Deputy Commissioner of Finance and Administration at State Parks and continues there in that role. Mindy has two grown boys, two dogs and a cat. She and her husband, Greg, golf, bike and ski in their spare time. "ATRC gives me the chance to give back to horses that have given so much of themselves to helping others. Just being around them is therapeutic."

Thank you for your hard work, Mindy!





Day at the Golf Course

Thank you so much to everyone who came out to golf and volunteer at our first ever Day at the Golf Course! We were able to raise just over \$3,500 and could not have done so without all of our players, volunteers, sponsors and donors!



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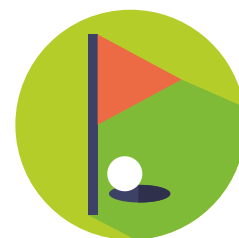
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Horse Sponsors

We would not be able to run our program without our fabulous equine partners. They change lives on a daily basis and are members of our family. Over the course of a year, the cost of feed, bedding, farrier visits, hay, and supplements totals at around \$5,000 per horse. Sponsoring a horse means that your donation can go directly towards supplying top notch care for your favorite horse!

Thank you so much to those who are already sponsoring a horse and helping us support our wonderful herd!

Jane



Sponsored By: Kathy Aloy and Samir El-Sawaf (for July)

Montana



Sponsored By: Paige Casey

Elsa



Sponsored By: Jenna Kendrick

Luke



Looking for his sponsor!

Tanner



Looking for his sponsor!

Photo Fun!



Adelia and Luke taking an easy walk on a hot day



Rachel giving Montana some "good boy" pets



Elsa teaching Alice all about different parts of the horse



Paige brushing Tanner before she saddles him up for her lesson



McKenna taking Tanner on a warm-up walk



Hailey and Montana taking a quick break to pose