# **ATRC OF THE MONTH:**

A NEWSLETTER FOR THE FAMILIES, FOLLOWERS, AND SUPPORTERS OF ALBANY THERAPEUTIC RIDING CENTER.













BANY THERAPEUTIC





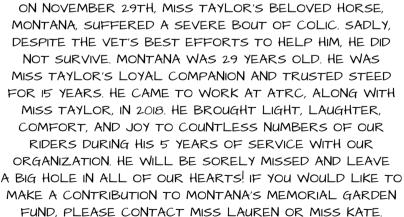






### **COMFORT & JOY**

IN LOVING MEMORY OF MONTANA















**DECEMBER** 

1-IN LOVING MEMORY OF MONTANA
2-VOLUNTEER OF THE MONTH
2-FUNDRAISER FACTS
3-WINTER EXHIBITION
4-MEET MISS JENN
5-WELCOME, APOLLO!
6-OH WHAT FUN IT IS TO RIDE
7-DECK THE HALLS & THE STALLS
8-SHOUT OUTS



# VOLUNTEER OF THE MONTH: MAUREEN ADRIANCE

'Reeny' was born and raised in Albany along with seven siblings. She lives in Colonie presently. She has been happily married to Jack for 43 years and they have one son, Tom, and one granddaughter, Morgan. She studied music at Schenectady County Community College and worked for the NYS Education Deptartment for 37 years. She started volunteering with us this summer, helping out with lessons. Reeny is very involved and always willing to lend a helping hand with all of our fundraising events. We feel so lucky to have her enthusiasm and dedication at the farm and want to recognize her for all of her hard work.



To get to know 'Reeny' a little better, we asked her a few questions...

#### 1. What is your favorite part about volunteering at ATRC?

The instructors are very knowledgeable, patient and friendly. The grounds are absolutely beautiful, and the horses are awesome. I totally enjoy helping the instructors with the riding lessons and seeing the children become more and more confident and comfortable riding.

#### 2. When you're not at ATRC what do you like to do?

I enjoy going to concerts, the theatre, exercising, swimming, reading and writing and spending time up North at our camp. I especially enjoy spending time with family and friends. I like all animals and birds and especially dogs and horses. Jack and I love to travel and have visited 36 States and 9 countries.

#### 3. If you won a million dollars, what would you do with it?

I would donate more to charities and non-profit organizations, share it with family and friends, travel more and perhaps build a home on a lake.

#### 4. If you could meet your hero, who would it be and why?

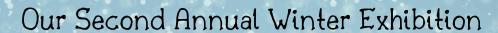
Over the years I have learned of, and have had, relationships with many everyday heroes and have been awed and inspired by their accomplishments, perseverance, tremendous acts of love and kindness, and by their everlasting hope and deep faith.

#### 5. Why do you volunteer at ATRC?

When I retired from the State 9 years ago, I wanted to volunteer doing something I really enjoy. I have always loved horses although I didn't have many opportunities to be around them. I researched Equine Therapy because I wanted to help unique riders become confident and happy around these awesome animals. I volunteered for many years working with adult riders and learned so much during that time. I also attended a workshop and obtained a skills certificate from a National Organization. The program I volunteered at closed during COVID for good. When public health improved, I began to seek out other horse farms working with unique riders and was so glad when I found ATRC.





























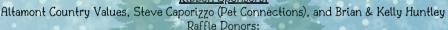
We would like to thank all of our volunteers, families, and friends for coming out on December 4th and 5th for our Winter Exhibition! Our riders had so much fun showing off all of their skills to their closest family and friends, A little joy was needed this year!

A very big thank you to all of our sponsors and donors for this event.

#### Event Sponsors:

Paul Aloy (Honeywell Law Firm), The Fitzpatrick Sisters, and W J Riegel Rail Solutions, <u>Class Sponsors:</u>

Altamont Country Values, ATRC Board of Advisors, Kristine Carlson, Katie Curtin & Nick Simons, Jenn Mckeown, Deb Mitchell, and Southend Powder Coating Ribbon Sponsors:



Raffle Donors:
Karen Blum Anthony (KLA Watercolors & Acrylics), Jenn Bourey,
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Colette Cifor (Tangram Partners, LLC), Robin Ferendzo (Coldwell Banker Prime Properties), Stephanie Feuker (Caked With Love By Steph), Andrea Kowaleski, Patticakes Cookies, and Spencer Noakes (Remarkable Liquids)



















# Making Spirits Bright! ~ Miss Jenn ~ Our New Instructor in Training









Jenn earned her BA in Psychology at the University of North Carolina at Charlotte in 2013. Although she has worked in the financial services industry for close to a decade, Jenn has always been compassionate for those with mental illness and people on the autism spectrum, with equine therapy as a means of therapeutic treatment.

Jenn began volunteering at Albany Therapeutic Riding Center in August where she learned barn management, equestrian care, and helped with riding lessons. She began taking regular lessons this summer to learn natural horsemanship with a focus on equine and rider safety. Jenn is pursuing her Therapeutic Riding Instructor certification through the Professional Association of Therapeutic Horsemanship (PATH) and ATRC.

When she is not at the barn, Jenn loves to stand up paddleboard, run, read, and spend time with friends.





# Welcome, Apollo! Come Let Us Adore Him

Apollo is a 24 year old American Paint Horse registered with the American Paint Horse Association (APHA) under the name, Jack J Stormy. Miss Kate and her mom, Kristine, purchased him in 2003.



Apollo walks, trots, canters, and does jumps. He has taught many children how to ride, including Miss Kate's very own 6 year old daughter, Lillie. He has been a youth stock horse and participated in countless lessons, trail rides, and horse shows during the years that Miss Kate has owned him. He has won innumerable English EQ championships. He loves being brushed and using people as human scratching posts. His favorite snack is Twizzlers. Please join us in welcoming him to our herd!









#### Oh What Fun It Is To Ride!

https://equinehelper.com/category/lifestyle/



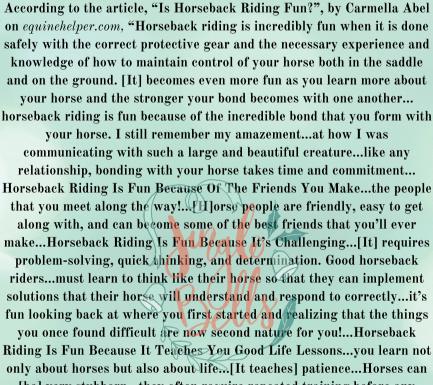






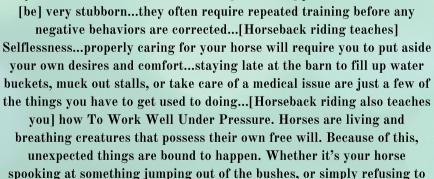












follow your commands, working with horses teaches you how to think on

































Send a 'Shout Out' to someone special!
For a \$10 donation your message and photo will appear in our monthly newsletter!
For more information or to submit an entry contact Miss Taylor.

## **Celebrating December**



