



ATRC: OF THE MONTH

The monthly newsletter for our families, followers, and supporters of the Albany Therapeutic Riding Center.



THANK YOU

Thank you so much to the first year medical students at Albany Medical Center for coming out to the barn to work on painting and putting stone dust in our back stalls! Our horses appreciate your hard work and loving having somewhere dry and shady to stand during the hot summer days!



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VOLUNTEER OF THE MONTH: KARA LEONARD



This month we want to recognize Kara as our volunteer of the month! Kara is always ready to help out however she's needed and always has a great attitude! To get to know Heidi a little bit better, we asked her a few questions:



1. What is your favorite part about volunteering at ATRC?

My favorite part about volunteering is getting to know the people and their personalities. Also knowing that i'm helping something good happen in their day.

2. When you're not at ATRC what do you like to do?

When I'm not volunteering I like to play with my dog and my cats. I love hanging out with my friends. I also like playing ukulele and listening to music.

3. If you won a million dollars, what would you do with it?

If I won a million dollars I would donate lots of it to mental health related charities and cancer foundations. I would also buy meals and clothes for people who don't have them

4. If you could meet your hero, who would it be and why?

If I could meet one of my hero's I would meet Lili Reinhart. She is an amazing actress. She is also a great role model for dealing with mental health as well as getting rid of the stigma around it.

5. Why do you volunteer at ATRC?

I volunteer at the ATRC because I love working with animals and I want to help people do something that makes them happy.

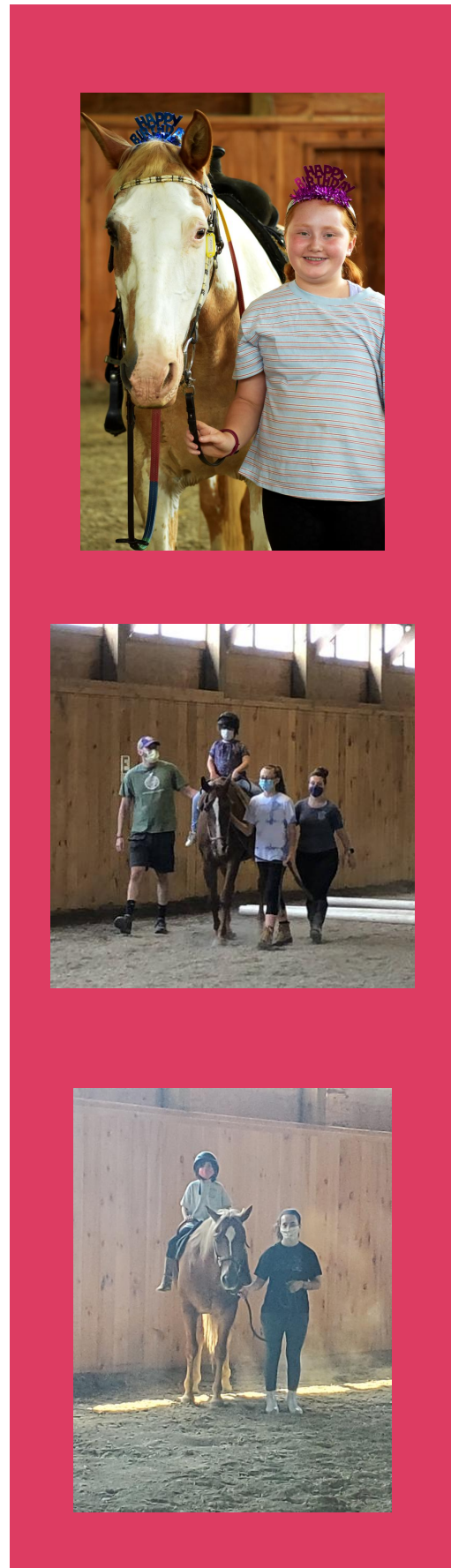
Thanks for all you do, Kara!

Meet the Board: Casey Danton

Casey is a local, avid equestrian who has began riding at the age of 11. She started out riding after a mere infatuation with horses, but quickly began competing in the discipline of huntseat riding both locally and regionally. Casey continued riding in college representing the Siena College Equestrian Team. She has an extensive background today with children's hunter ponies after developing her own local lesson program. Casey believes in providing anyone who shares a passion for horses the ability to experience them can whether competitive or recreational. Casey has joined the ATRC board because she values all the positivity therapeutic riding can provide and hopes to assist in developing and broadening the level in which ATRC can reach the community.



Thank you for your hard work, Casey



Happy Trails, Makena!

Wishing the best of luck to our wonderful stable hand Makena as she leaves our ATRC family to pursue a career in Non-Profit Management. She'll be moving to Long Island at the end of the month and hopes to find a career in New York City! Good luck, Makena!



Session 5 Registration

Registration for Session 5 of lessons running September 14th-October 25th ends Sunday September 6th! Please get your registration confirmation and session payment to Taylor or Lauren by 9/6 to reserve your slot in the weekly lesson schedule! Contact

albanytherapeuticridingcenter@gmail.com for lesson info and **volunteer@albanytherapeuticridingcenter.com** for volunteer opportunities



Second Annual Sip and Sign

Join us at Indian Ladder Farms on Saturday, September 12th for our second annual Sip and Sign Event! Participants will be able to paint a custom wooden sign. Tickets are \$35 with the option to preorder food for an additional \$15. Please note that Indian Ladder Farms will only be serving food that has been preordered and will not be taking food orders at the event, though beverages will be available for purchase. For registration please contact Allie at **fundraising@albanytherapeuticridingcenter.com**

